Home Sweet Home
Lunch

November 2 - November 30

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 All Beef Hamburger on Hamburger Bun-1 Mixed Vegetables -1/2c Fresh Apple -1 1% White Milk-6 oz.	**3** Macaroni & Cheese -6oz Broccoli Florets -1/2c Whole Grain Bread -1 Diced Peach Cup - 1/2c 1% White Milk-6 oz.	**4** W/G Chicken Fries- 6 Broccoli Florets - 1/2c Fresh Pear -1 Whole Grain Bread -1 1% White Milk-6 oz.	**5** Beef Salisbury Steak 2oz. w/ Gravy Green Beans -1/2c Whole Wheat Dinner Roll-1 Fresh Banana -1 1% White Milk-6 oz.	**6** Whole Wheat 3x5 Cheese Pizza-1 Romaine Salad w/ Dressing-1 c. Fresh Orange -1 Mozzarella Cheese Sticks-1 1% White Milk-6 oz.
9 W/G Chicken Nuggets-4 Corn 1/2c Pineapple Cup -1/2c Whole Grain Bread -1 1% White Milk-6 oz.	**10** **BREAKFAST FOR LUNCH** French Toast Sticks-3 w/Syrup Turkey Sausage Patty-2oz Fresh Baby Carrots w/ Dip-3/4c. Fresh Apple -1 1% White Milk-6 oz.	**11** Cheese Lasagna with Spaghetti Sauce-4 oz. Green Beans-1/2 c. Whole Wheat Dinner Roll - 1 Fresh Pear-1 1% White Milk-6 oz.	**12** Beef Meatloaf w/ Ketchup-3 oz. Sweet Potato Fries - 3/4c Whole Grain Bread -1 Fresh Banana -1 1% White Milk-6 oz.	**13** Macaroni & Cheese -6oz Broccoli Florets -1/2c Whole Grain Bread -1 Fresh Orange -1 1% White Milk-6 oz.
16 All Beef Hotdog on Hotdog Bun-1 Corn -1/2c Mixed Fruit Cup-1/2c 1% White Milk-6 oz.	**17** W/G Popcorn Chicken-3.8 oz. w/ Sweet & Sour Sauce Green Beans-1/2 c. Fresh Apple -1 Whole Grain Bread - 1 1% White Milk-6 oz.	**18** Beef Meatballs Parmigiana on Wheat Hot Dog Bun-1 Diced Carrots-3/4 c. Fresh Pear-1 1% White Milk-6 oz.	**19** Sliced Turkey with Gravy-3 oz. Mashed Potatoes-1/2 c. Fresh Banana -1 Whole Grain Bread -1 1% White Milk-6 oz.	**20** Whole Wheat 3x5 Cheese Pizza-1 Romaine Salad w/ Dressing-1 c. Fresh Orange -1 Mozzarella Cheese Sticks-1 1% White Milk-6 oz.
23 Beef Salisbury Steak 2oz. w/ Gravy Green Beans -1/2c Mixed Fruit Cup-1/2c Whole Wheat Dinner Roll-1 1% White Milk-6 oz.	**24** W/G Cheese Ravioli w/ Spaghetti Sauce - 3oz Broccoli Florets -1/2c Whole Grain Bread - 1 Fresh Apple -1 1% White Milk-6 oz.	**25** **BREAKFAST FOR LUNCH** French Toast Sticks-3 w/Syrup Turkey Sausage Patty-2oz Fresh Pear-1 Fresh Baby Carrots w/ Dip-3/4c 1% White Milk-6 oz.	**26** Happy Thanksgiving!	**27** **SCHOOL CLOSED**
30 W/G Breaded Chicken Patty on Wheat Bun-1 Seasoned Diced Potatoes-1/2c Diced Pineapple Cup-1/2c 1% White Milk-6 oz.				**MIXED FRUIT CUP CONTAINS THE FOLLOWING: Peaches, Pears, & Pineapple** **MIXED VEGETABLES CONTAIN THE FOLLOWING: Peas,Carrots,Corn,Green Beans**